



Morphology and Development

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Histology, Embryology and Applied Biology Unit
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<https://rps.unibo.it>



Morphology and Development (I.C)

Morphology and Development (I.C.)

84283	<u>Embryology</u>	BIO/17	2
83151	<u>Histology</u>	BIO/17	4
84282	<u>Histology Laboratory</u>	BIO/17	1
84281	<u>Stem Cell Biology</u>	BIO/17	1



- Introduction to the course/Exam
- Methods of Microscopy
- Tissue Classification
- Stem Cell/Differentiation
- Embryonic Origin of Tissues



Exam

Written test

- Histology
- Embryology
- Stem Cells

Those who are **not satisfied with their score** (which must be **18 or higher**) may arrange an oral exam.



Exam's dates:

84280 - Morphology And Development (I.C.) - Modulo 84282-Histology Laboratory (Cds. 6734 - Bo)	Morphology and Development	19/06/2026 08:30	Aula Golgi, Histology Laboratory Room	Scritto	> Pubblicata	0	Iscritti Modifica Duplica	Cancella
84280 - Morphology And Development (I.C.) (Cds. 9210 - Bo)	Morphology and Development	19/06/2026 10:30	Aula Magna Maestri	Scritto	> Pubblicata	0	Iscritti Modifica Duplica	Cancella
84280 - Morphology And Development (I.C.) (Cds. 6734 - Bo)	Morphology and Development							

EXAM AULA MAGNA I MAESTRI - Pad. 23 - June 19th at 10:30

Laboratory assessment AULA Golgi - June 19th at 8:30

84280 - Morphology And Development (I.C.) - Modulo 84282-Histology Laboratory (Cds. 6734 - Bo)	Morphology and Development	17/07/2026 08:30	Aula Golgi, Histology Laboratory Room	Scritto	> Pubblicata	0	Iscritti Modifica Duplica	Cancella
84280 - Morphology And Development (I.C.) (Cds. 9210 - Bo)	Morphology and Development	17/07/2026 10:30	Aula Magna Maestri	Scritto	> Pubblicata	0	Iscritti Modifica Duplica	Cancella
84280 - Morphology And Development (I.C.) (Cds. 6734 - Bo)	Morphology and Development							



Morphology and Development - final exam

Question 1

Not yet answered

Marked out of 4.00

Flag question

Edit question

The protein filamin associates to:

Select one:

- a. Cell cortex
- b. Filopodia
- c. Gel-like networks
- d. All of them
- e. Lamellopodia

Multiple-choice question

About 20–25 questions, each worth between 1 and 2 points.

No penalty for incorrect answers



FINAL SCORE FORMULA

$$\frac{(\text{EMBRYOLOGY} \times 2) + (\text{HISTOLOGY} \times 4)}{8} + \text{LABORATORY} + \text{STEM CELL}$$

$$28 \times 2 + 27 \times 4 + 30 + 28 = 222/8$$

$$27.75 \rightarrow 28$$



Important information about **ATTENDANCE REQUIREMENTS**

Attendance to this learning activity is mandatory; the minimum attendance requirement to be admitted to the final exam is **60% of lessons**. For Integrated Courses (IC), the 60% attendance requirement refers to the total amount of I.C. lessons. Students who fail to meet the minimum attendance requirement will not be admitted to the final exam of the course.

Professors **may** authorise excused absences **upon receipt of proper justifying documentation, in case of illness or serious reasons.** Excused absences do not count against a student's attendance record to determine their minimum attendance requirement.



The physiology of learning

	Learning Zone	Performance Zone <u>alias EXAM</u>
GOAL	Improve	Do as best as you can
Activity for	Improvement	Execution
Concentrate on	Haven't mastered yet	Have mastered
Mistakes to be	Expected	Minimized or nullified

Edoardo Briceno -TedxManhattan



Goals

To understand:

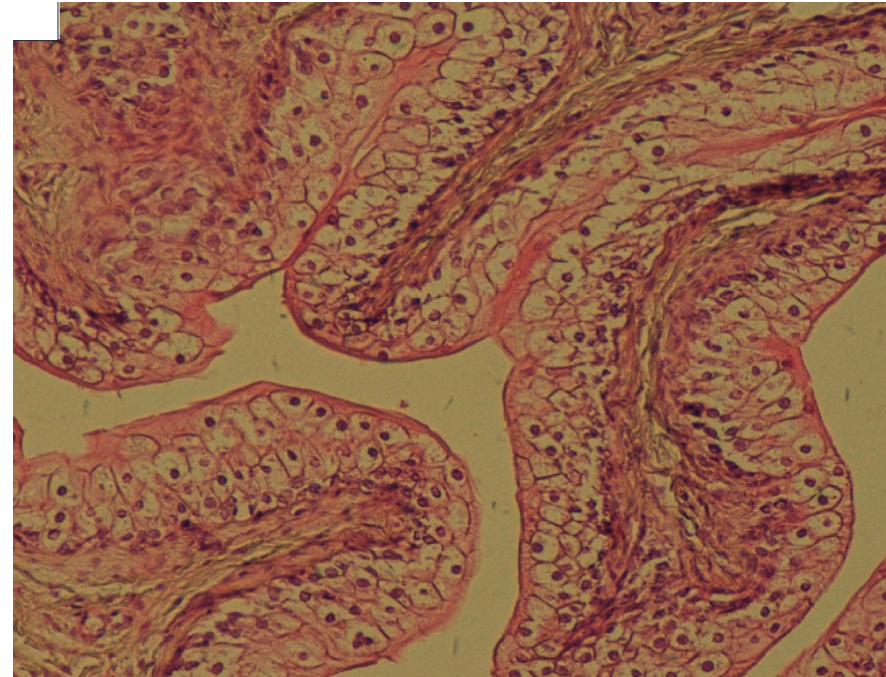
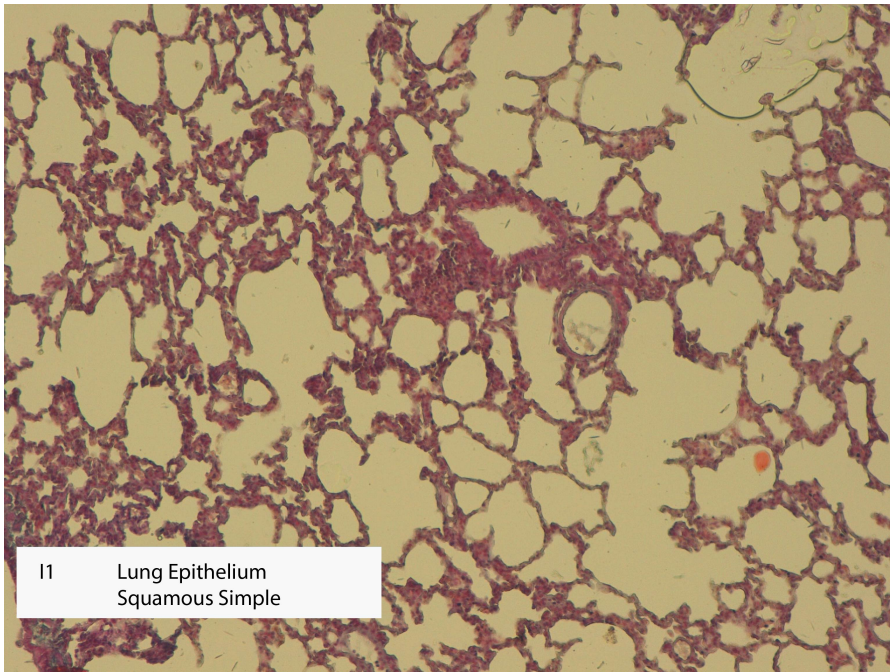
- How cells and tissues are arranged in the normal organ system of the body.
- How these cells and tissues are specialized to perform the function(s) most effectively

The knowledge gained will provide a cellular and ultrastructural “framework” for several other topics (anatomy, physiology, biochemistry, etc.) that you’ll learn in the following years .

Histology is also a FUNDAMENTAL part of PATHOLOGY.



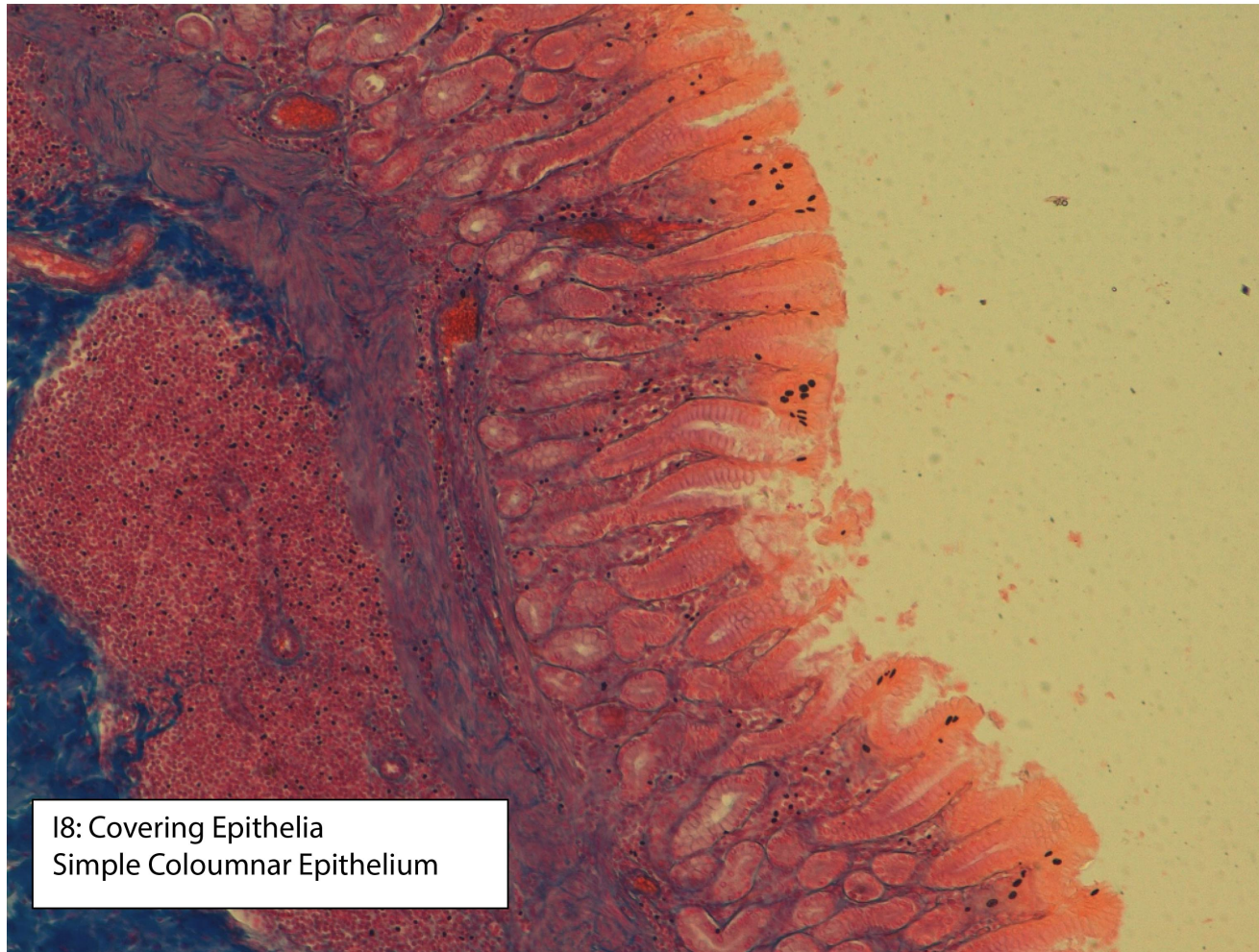
Histology is learning a new language



By the end of the course, you should possess the ability to interpret any type of tissue sample.



I 5: Covering Epithelia
Stratified Squamous keratinized epithelium- skin



I8: Covering Epithelia
Simple Coloumnar Epithelium



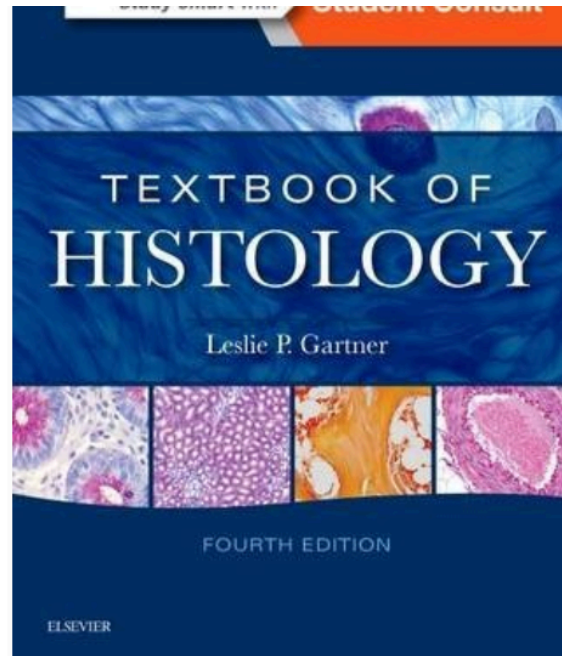
Il 10: Glandular Epithelia - Exocrine
Simple Branched Acinar - Sebaceous Glands and Simple coiled tubular
Sweat or Sudoriparous Glands



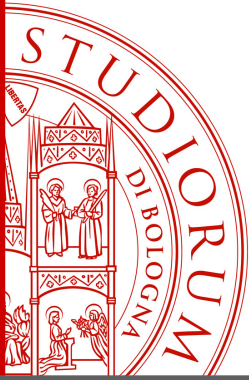
Recommended Book

Textbook of histology

Leslie P. Gartner



The ppt of each lesson will be uploaded on **Virtuale**

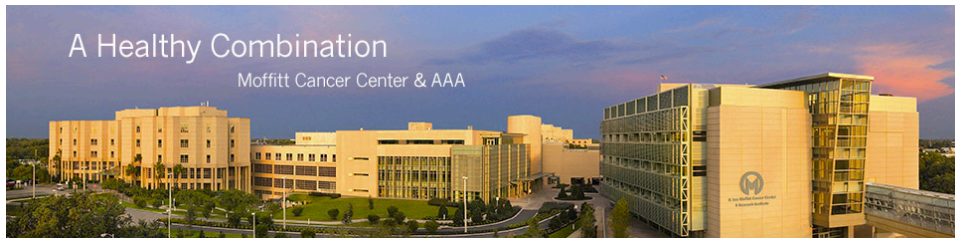


Virtual Microscopy

[https://unibo.smartzoom.com/s1241/
course1776/f2017/f7823/](https://unibo.smartzoom.com/s1241/course1776/f2017/f7823/)

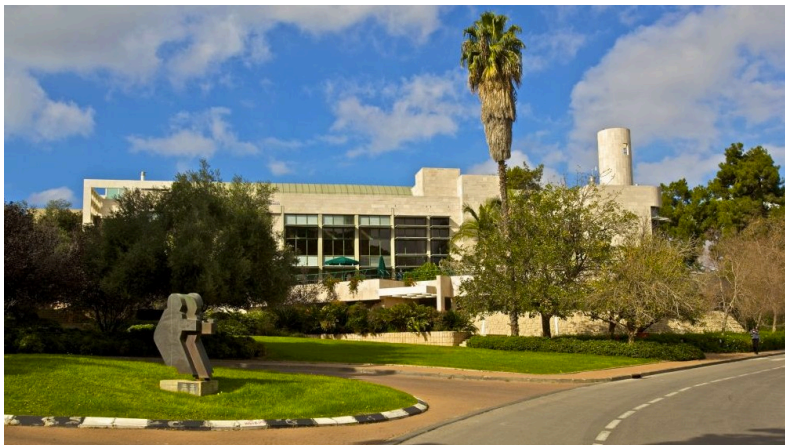


Introducing myself



Tampa, Florida,
USA in 2008

- PhD in Biotechnology of Development and Human Reproduction



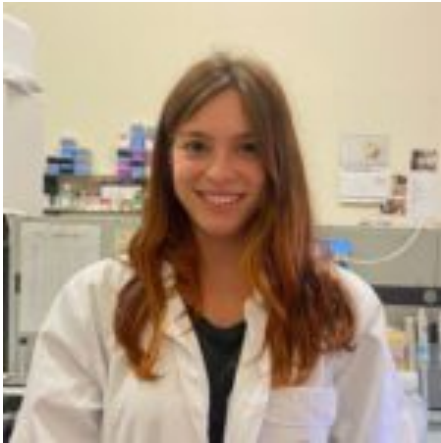
Weizmann Institute of Science, Israel
2009-2014

- In 2022 Associate Professor in Histology

From 2023 Full Professor in Histology



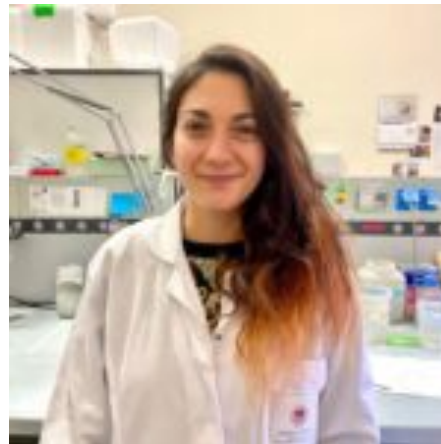
The histology Team



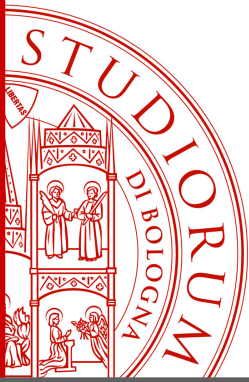
Prof. ssa Michela Sgarzi
michela.sgarzi2@unibo.it
G5 Group



Alessandra Morselli, Ph.D
Tutor

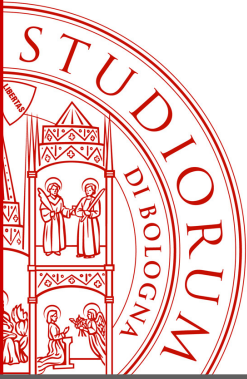


Prof. ssa Martina Mazzeschi
martina.mazzeschi2@unibo.it
G6 Group



The histology laboratory – Aula Golgi- Via Belmeloro 8





6 Groups

G1. ABDUR RASHID to CASABIANCA

G2. CAVANI to ER

G3. EREN to KECSETI

G4. KILIŚ to NICORA

G5. NOBILI to SIQUEIRA BUENO with Prof. Sgarzi

G6. SPINOLA MEDAGLIA GABRIEL to ZHANG with Prof. Mazzeschi



Histology Lab Schedule

- 1-Covering Epithelia
- 2-Glandular Epithelia - Exocrine
- 3-Glandular Epithelia - Endocrine
- 4-Connective Tissue Proper - Hematopoietic system
- 5-Connective Tissue - Bone and Cartilage
- 6-Nerve Tissue and Muscle Tissue
- 7-Summary- Rehearsal/Recap

- 8- Self-evaluation – **MAY 18 (G1, G2, G5)** and May
9 (G3, G4, G6)



Histology Laboratory test

Laboratory test – examples will be provided during the laboratory classes

Self-evaluation – MAY 18 (G1, G2, G5)
and May 19 (G3, G4, G6)



Histology

From greek (histós), meaning web or tissue and
λόγος (lógos), science of tissue

**Is the branch of the anatomical sciences that studies
the cellular organization of body tissues and organs**

The light microscope is the tool used most widely for applications of histology



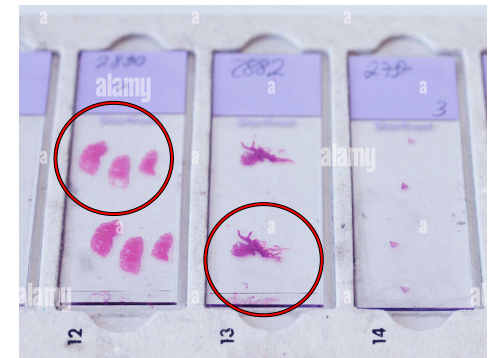
A new vocabulary

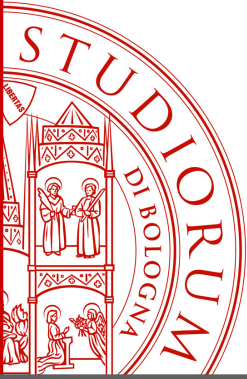
The slide: is a piece of glass upon which a sample (specimen) is placed or layered

Specimen: the sample

Magnification (power): 4X, 10X up to 100X

Artifact: any unintended result or error that occurs during the collection or the preparation of the tissue





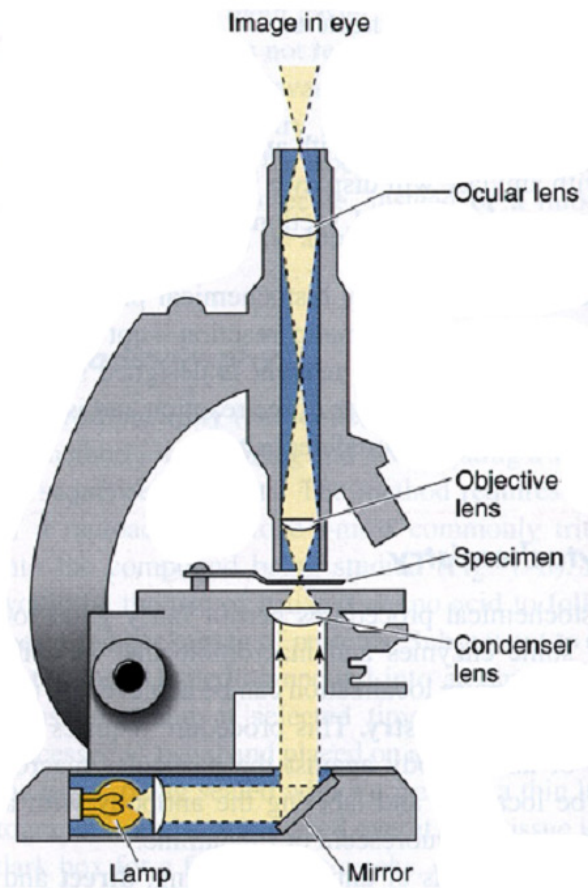
BASIC TISSUES

EPITHELIUM
CONNECTIVE TISSUE
MUSCLE TISSUE
NERVOUS TISSUE

Basic tissues combine to form larger functional units, called ORGANS.



Light Microscopy



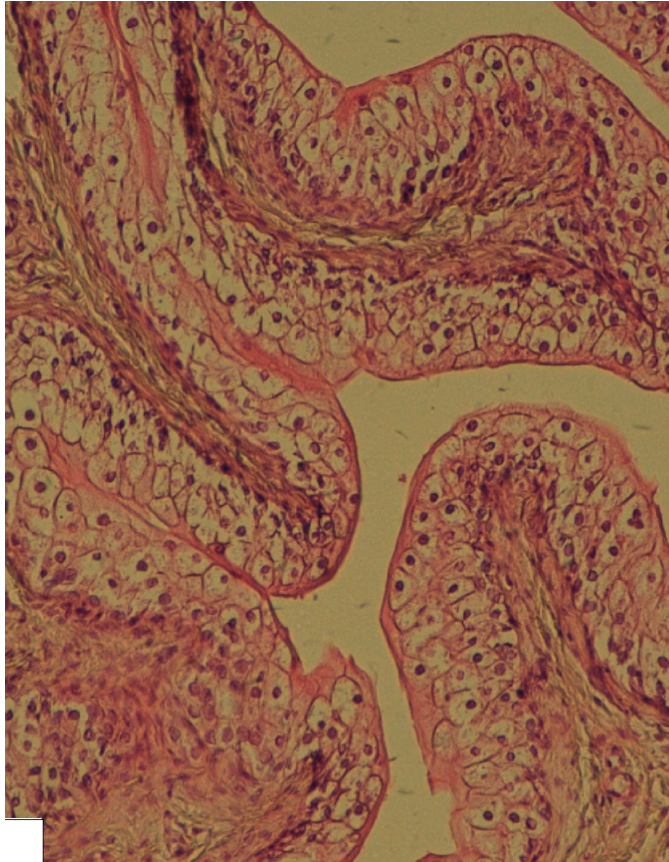
1. ILLUMINATION SOURCE
2. CONDENSER LENS
3. SPECIMEN STAGE
4. OBJECTIVE LENS (4X, 10X, 40X to 100X)
5. PROJECTION (OCULAR) LENS
6. OBSERVER

YIELDS A 2-DIMENSIONAL IMAGE CAPABLE OF **0.2 μm RESOLUTION.**

CELLULAR FEATURES ARE STAINED DIFFERENTIALLY BASED PRIMARILY UPON CHEMICAL PROPERTIES.



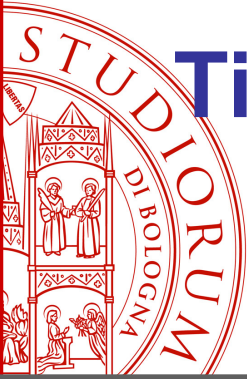
Light Microscopy



Resolution: 0.2 μm

The smallest distance between two points on a specimen that can still be distinguished as two separate entities.

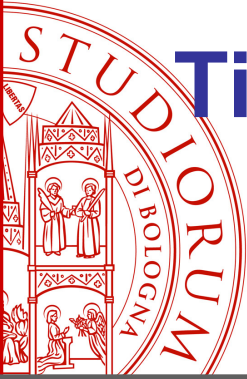
The **resolution** of the **light microscope** cannot be smaller than the half of the wavelength of the visible light, which is 0.4-0.7 μm .



Tissue Preparation for Light Microscopy



1. Stabilize cellular structures by chemical fixation.
2. Dehydrate and infiltrate tissues with paraffin or plastic
3. Embed fixed tissues in paraffin or plastic blocks.
4. Cut into thin slices of 3-10 micrometer thick; collect sections on slides



Tissue Preparation for Light Microscopy

1. Stabilize cellular structures by chemical fixation.
2. Dehydrate and infiltrate tissues with paraffin or plastic.
3. Embed fixed tissues in paraffin or plastic blocks.
4. Cut into thin slices of 3-10 micrometer thick; collect sections on slides.
5. Re-hydrate and stain with Hematoxylin (**a basic dye**): Stains acidic structures (e.g. nucleic acids) blue/purple.

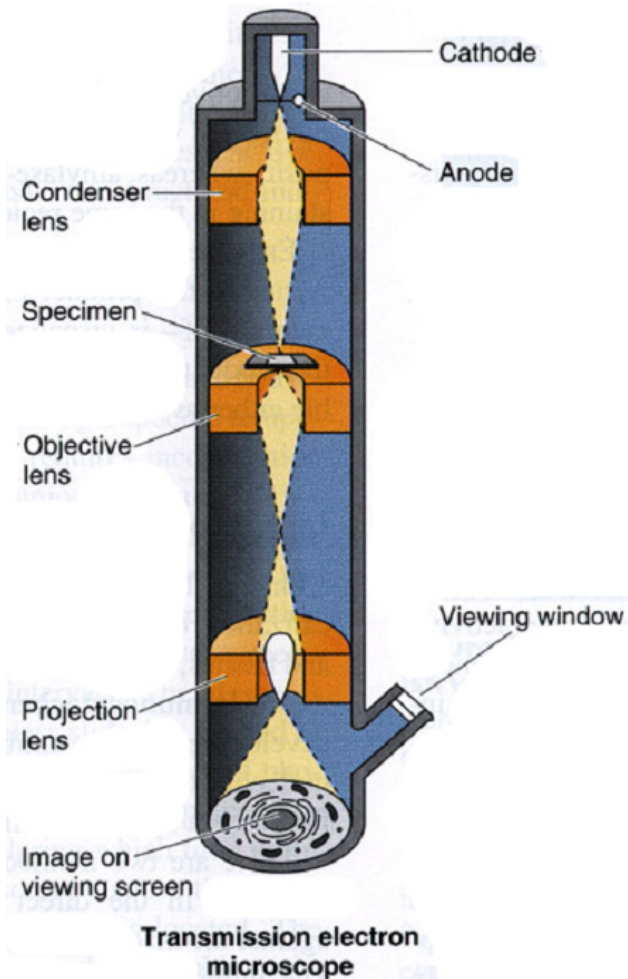
What do you expect to be stained by Hematoxylin?

6. Counter-stain with Eosin (an **acidic dye**): Stains basophilic structures (e.g. proteins, membranes) red/pink.

H&E staining is routine, but additional dyes and staining techniques may be used to visualize other structures.



Transmission Electron Microscopy



ILLUMINATION SOURCE (generates electron beam)

2. CONDENSER LENS
3. SPECIMEN STAGE
4. OBJECTIVE LENS
5. PROJECTION LENS
6. VIEW SCREEN
7. VIEWING WINDOW & OBSERVER

YIELDS A 2-DIMENSIONAL IMAGE CAPABLE OF **0.2 nm RESOLUTION.**

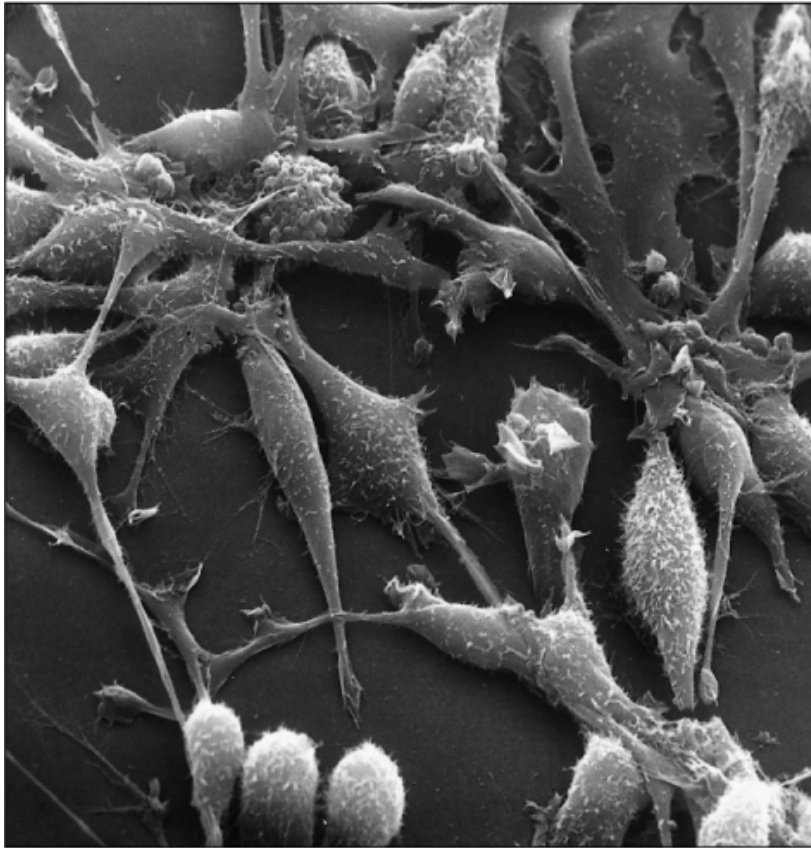
CELLULAR FEATURES ARE STAINED WITH ELECTRON-DENSE, HEAVY METAL STAINS YIELDING ONLY A BLACK AND WHITE IMAGE



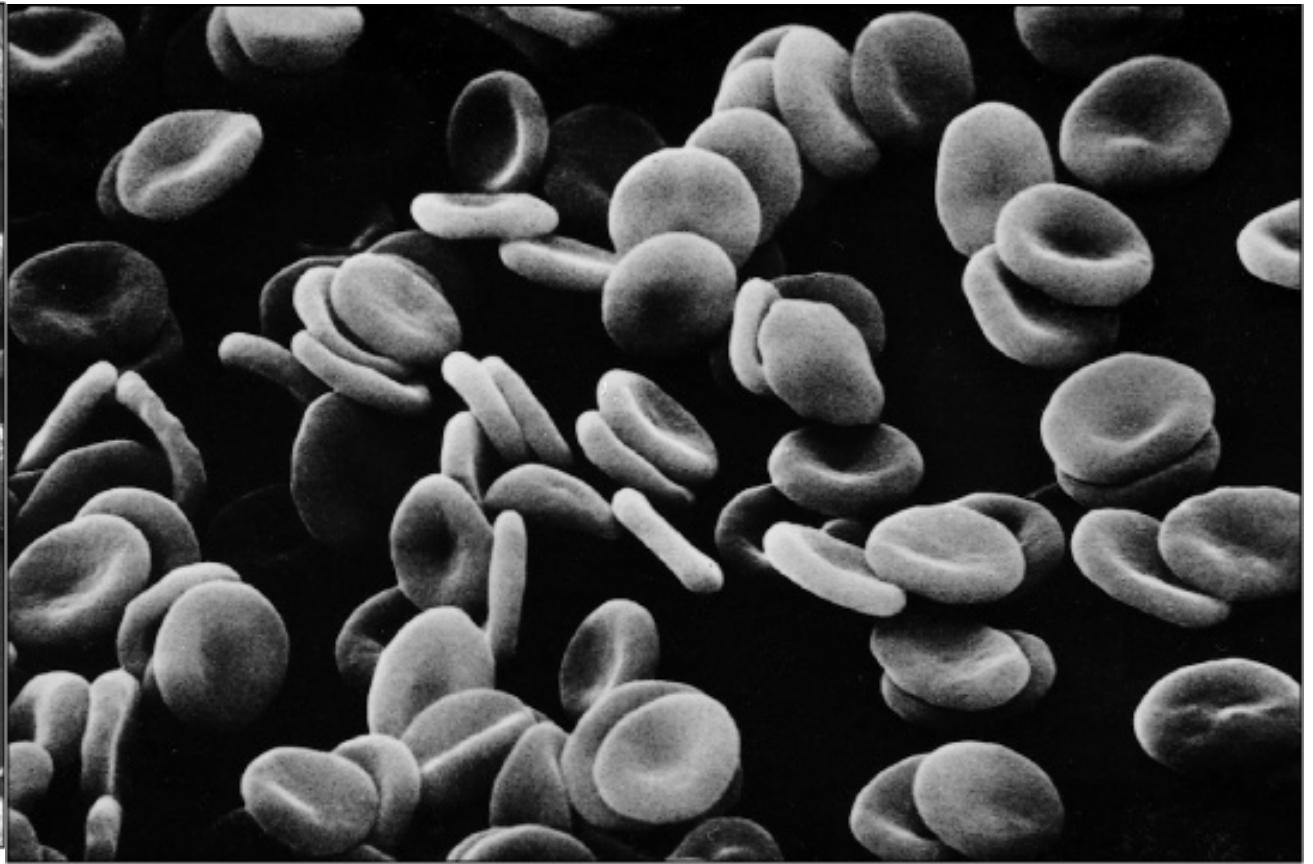
Tissue Preparation for Electron Microscopy

1. Tissues are fixed with glutaraldehyde (cross-links proteins) and osmium tetroxide (cross-links lipids); OsO_4 is also an electron-dense “stain”
2. Dehydrate and infiltrate tissues w/o plastic.
3. Embed and block fixed tissues in plastic.
4. Cut into ultra-thin slices (50 nanometers thick); collect sections on slides.
5. Stain sections with heavy metal salts that bind nucleic acids & proteins.
6. Visualize in TEM; heavy metal “stains” block electrons to create contrast

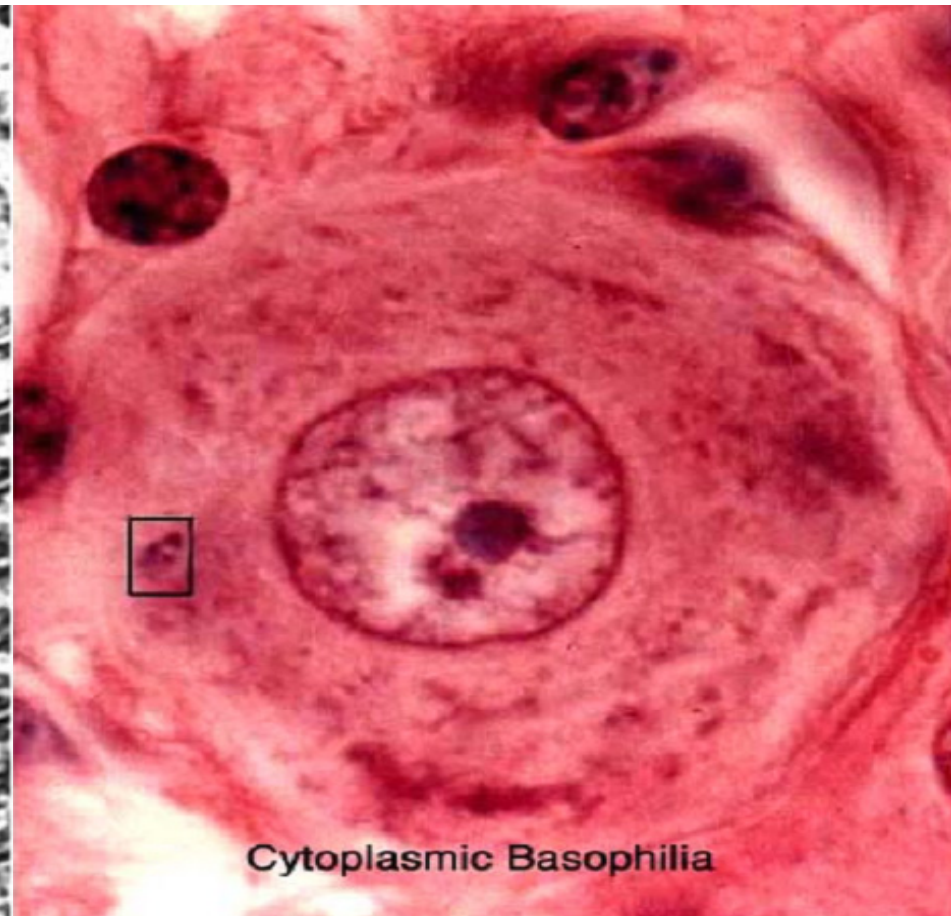
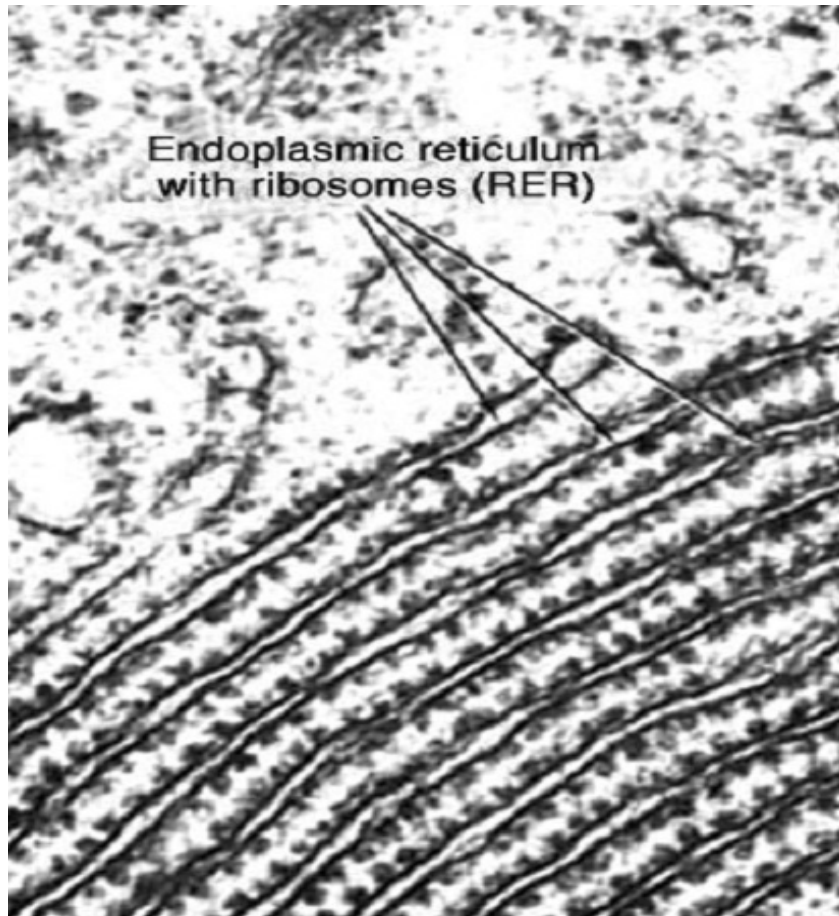
0.2-0.1 nm resolution



10 μm



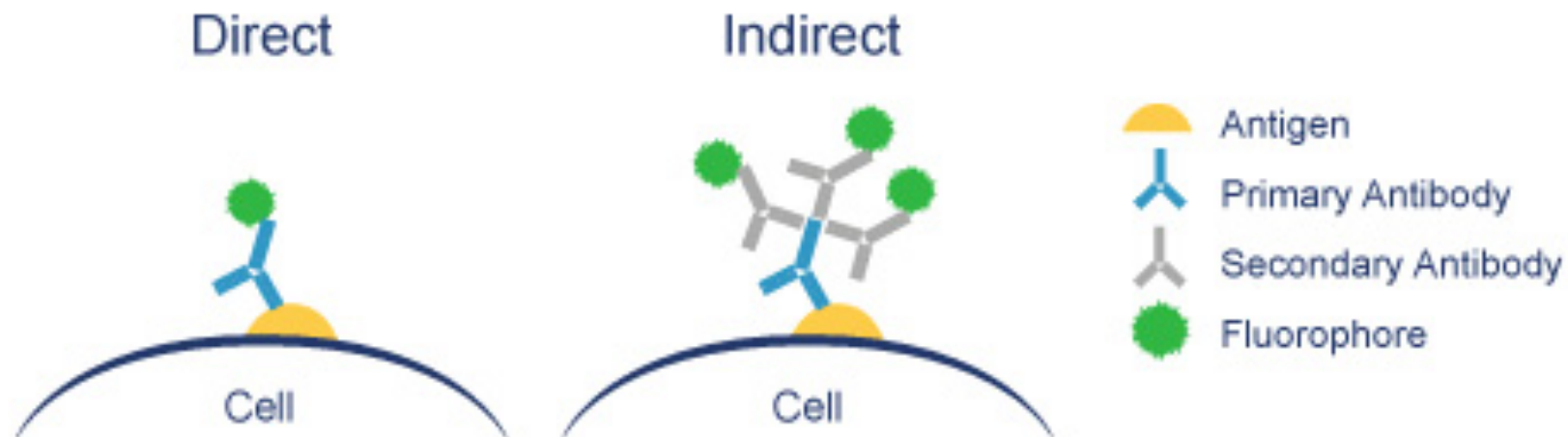
5 μm





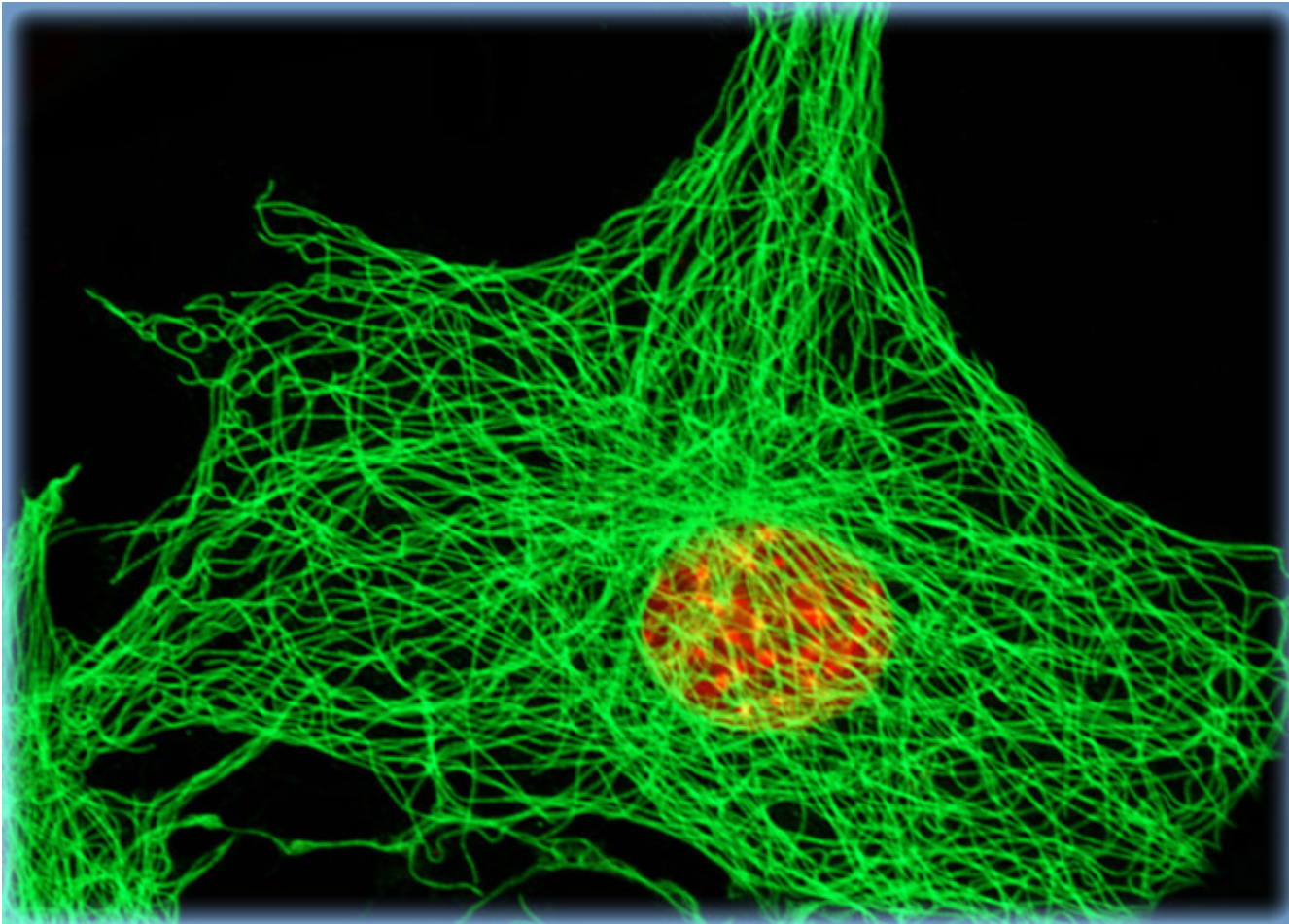
Immunofluorescence microscopy

Antigen/Antibody reaction, where the antibodies are tagged with a fluorescence dye and the antigen/antibody complex is visualized using fluorescence microscope





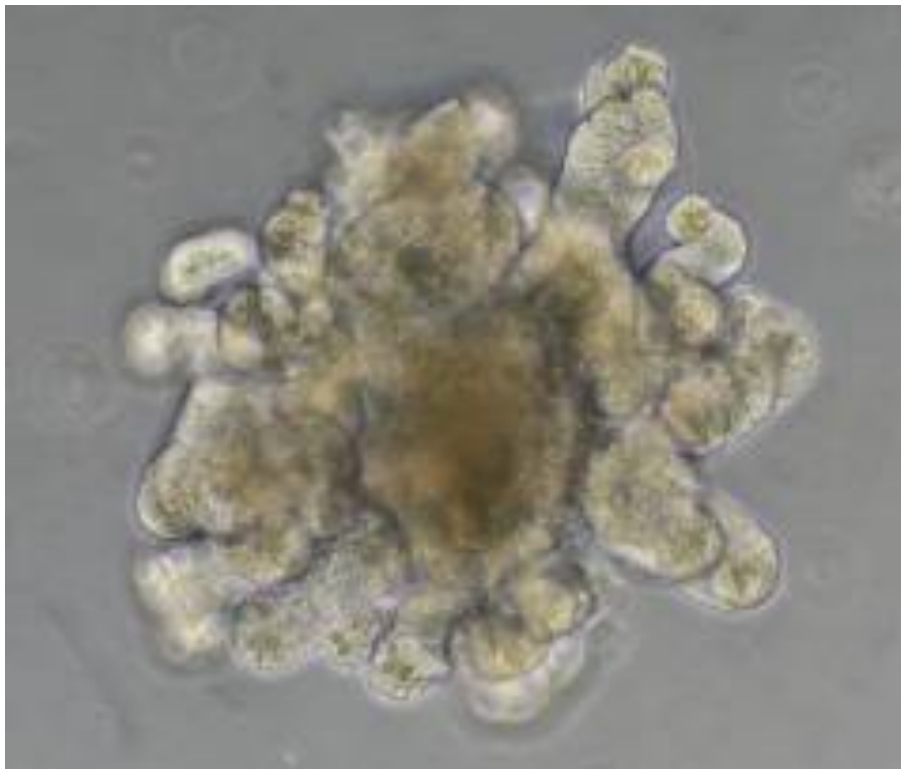
Confocal Microscopy



Resolution 0.2 μm



Confocal Microscopy for 3D



Organoids light microscope



Organoids confocal



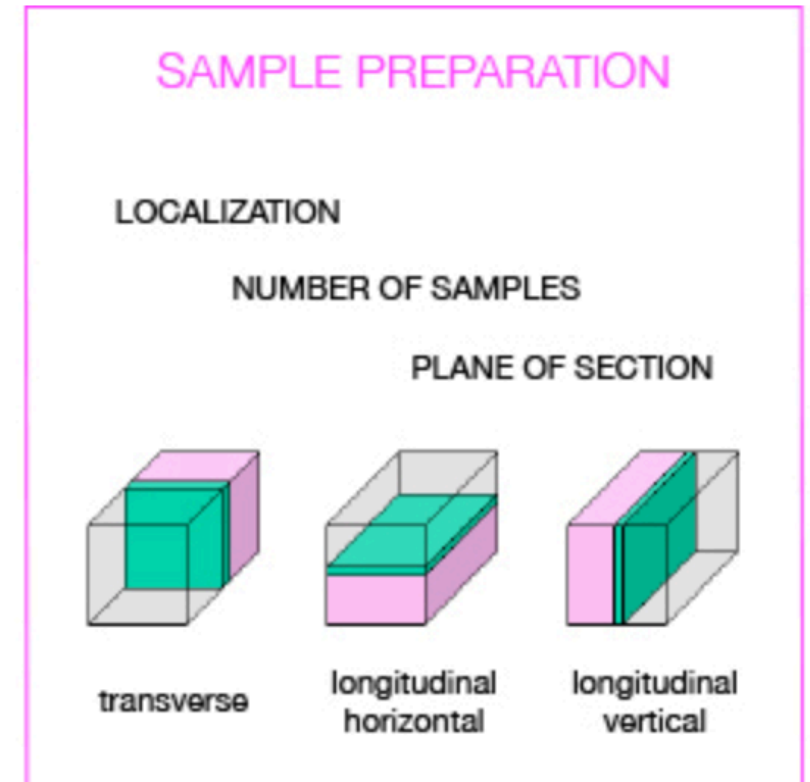
<https://app.jove.com/it/v/20255/formalin-fixed-paraffin-embedded-ffpe-tissue-preservation-method-for>



Cross or transverse section:
cutting through an object at a **right angle**
to a specified axis or plane.

Longitudinal horizontal section: "longitudinal horizontal section" refers to a cut that follows the long axis (longitudinal) and is divide the object into an upper and lower parts (horizontal).

Longitudinal vertical or Sagittal Section: The sagittal plane is oriented parallel to the body's midline and divides the sample into two symmetrical halves, with the left half on one side of the plane and the right half on the other.



Sagittal



The challenge:

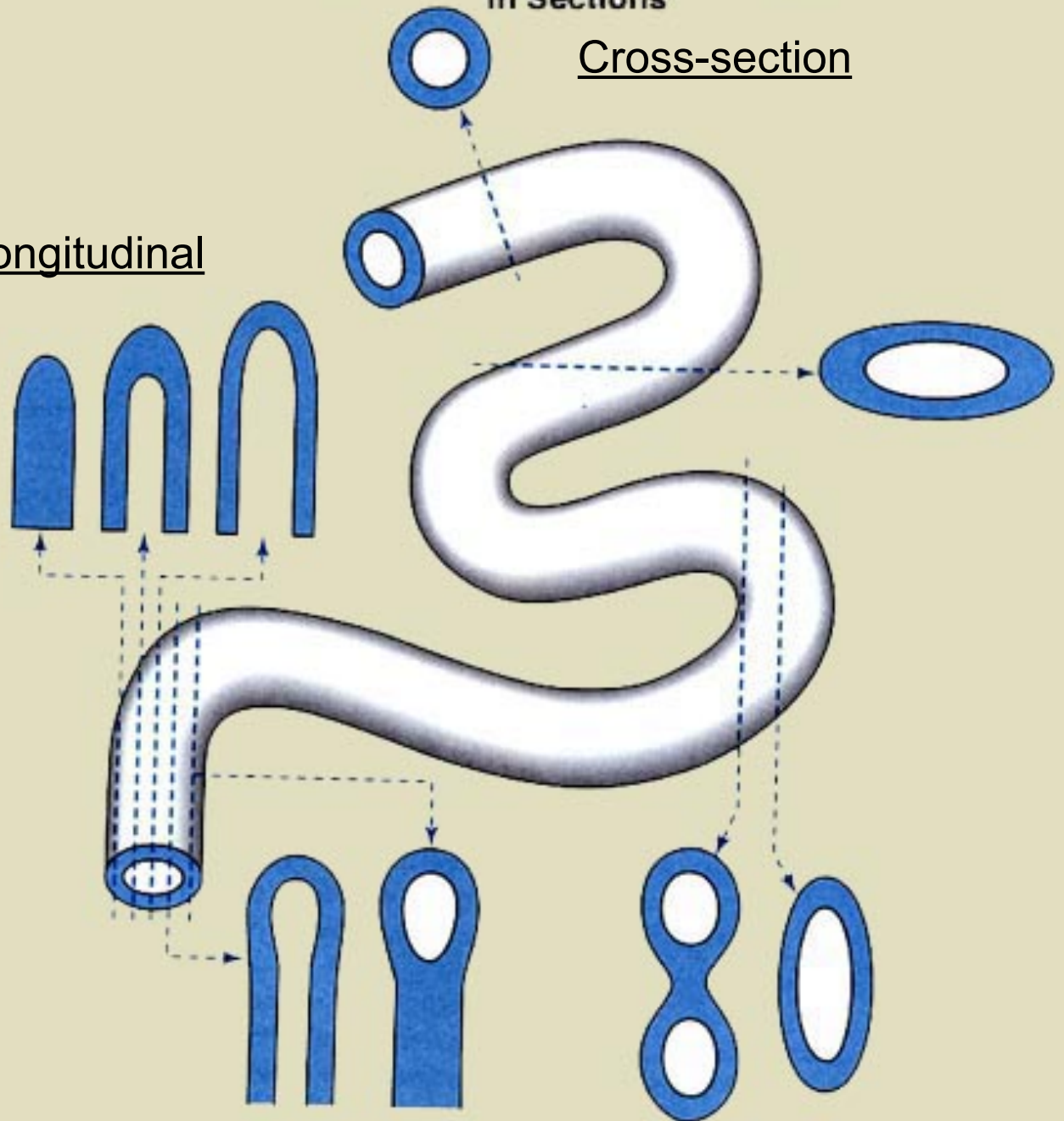
3D structures, but viewed only in 2D...



Longitudinal

Interpretation of Microscopic Images
in Sections

Cross-section



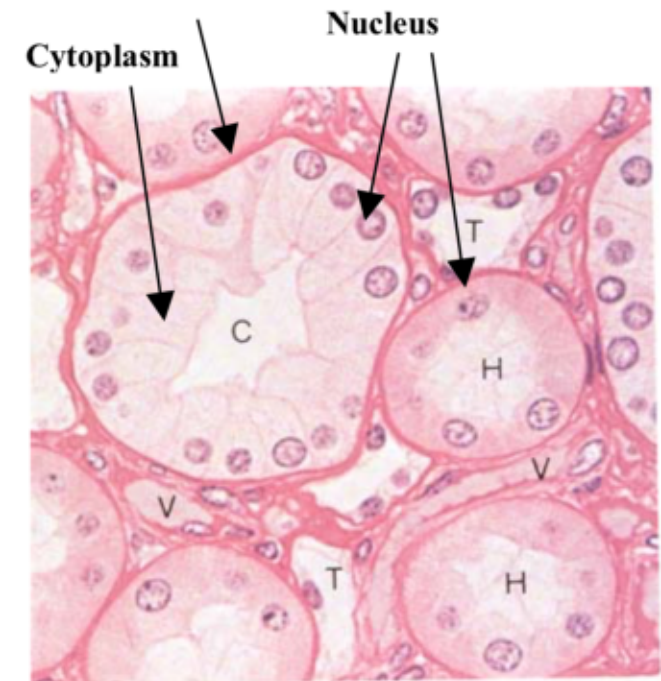


H&E

(Haematoxylin and Eosin staining)

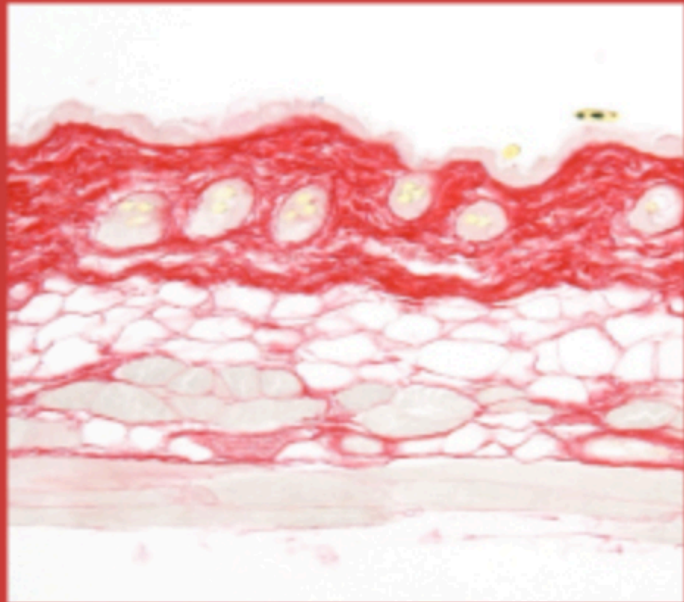
Haematoxylin binds to basophilic substances (**DNA**, negatively charged) and stains nuclei in blue-violet

Eosin binds to acidophilic substances (most **proteins**, positively charged) and stains cytoplasm in red or pink

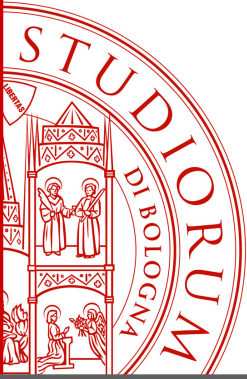


H&E: KIDNEY (Cross section of medulla)

PICRO SIRIUS RED STAIN

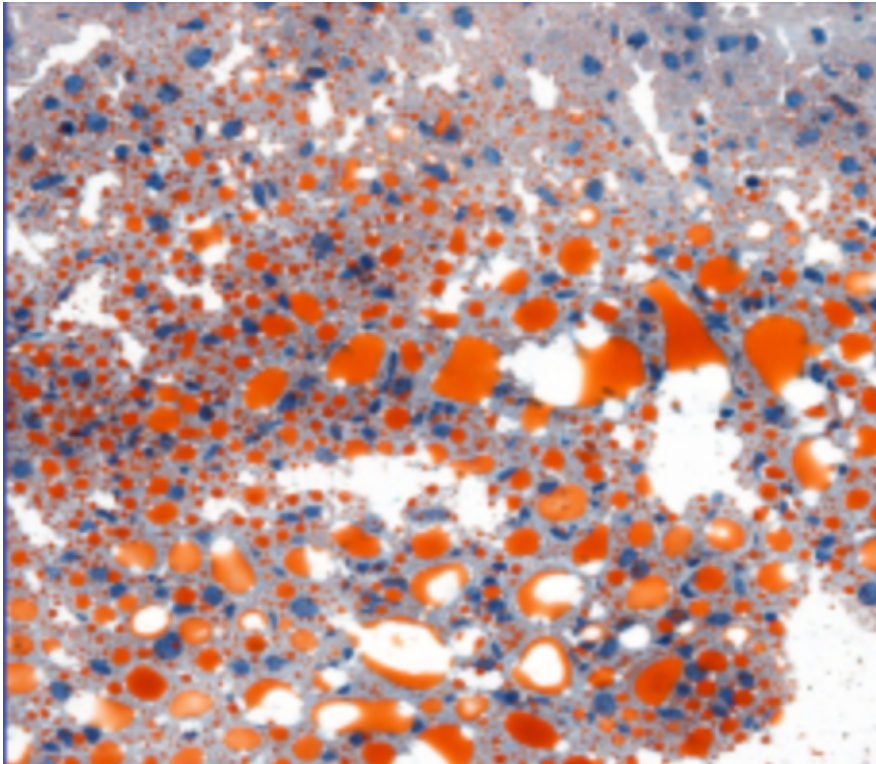


The Picro-Sirius Red is used in the histological visualization of **collagen I and III fibers** in paraffin-embedded tissue sections.



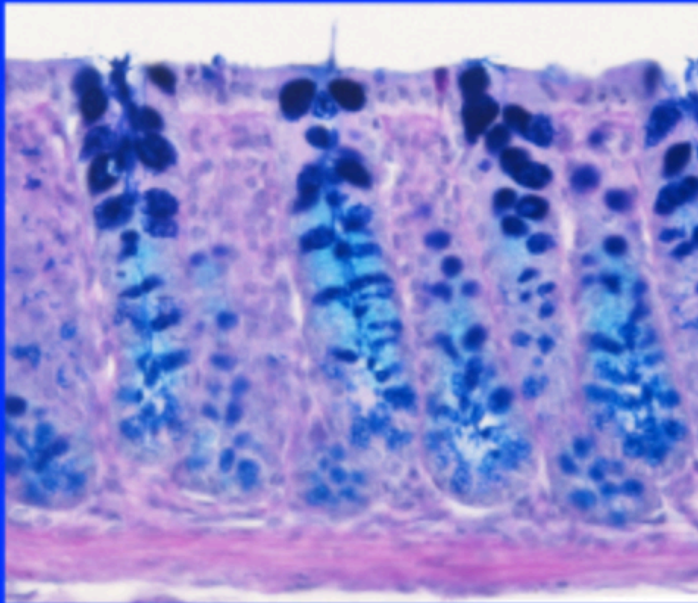
What are special stains?

Red Oil



ORO is used to demonstrate the presence of **fat or lipids** in fresh frozen tissue sections. It is performed on fresh frozen sections because fixatives containing alcohols, or routine tissue processing, will remove lipids.

ALCIAN BLUE / PAS STAIN



Alcian Blue stains strongly acidic mucins blue, nuclei pink to red, and cytoplasm pale pink.

Periodic acid–Schiff (PAS) detects polysaccharides such as glycogen, glycoproteins, glycolipids, proteoglycans as well as neutral and acidic mucins, allowing for example the identification of hepatic glycogen, intestinal goblet cells and basal laminae.



Golgi's Black reaction

Golgi's "black reaction" (*reazione nera*) was based on the fixation of nervous tissue blocks in potassium dichromate (2–2.5%) for a variable number of days or weeks (from 1 to 50 days or even longer), followed by immersion in silver nitrate which led to the precipitation of silver chromate fully impregnating cells in the nervous tissue

<https://unibo.smartzoom.com/s1241/course1776/f1858/i1876/>



The importance of staining

The Golgi Dispute

The fertile controversy between Camillo Golgi and Ramon y Cajal about the structure of the nervous system.

The nervous system was still considered as a network formed by anastomosing nerve cells, in analogy to the vascular network- **the reticular theory of nerve cells continuity** : (a "reticulum") of interconnected nerve fibers, rather than individual, discrete cells.

Cajal, paladin of the **neuron doctrine**, which stated that neurons are individual elements representing the structural and functional units of the nervous system.

Both won the Nobel Prize in 1906

The metallic impregnation invented by Camillo Golgi in 1873 has allowed the visualization of **individual neurons** in their entirety, leading to a breakthrough in the knowledge on the structure of the nervous system.



The dispute illustrates a classic scientific lesson:

The same experimental data can lead to radically different interpretations depending on theoretical assumptions.

The technical limits of microscopy:

Golgi and Cajal worked with **optical microscopes**, resolution limit of about **200 nanometers (0,2 μm)**.

Key consequence:

Synapses are extremely small ($\approx 20\text{--}40$ nm gaps between neurons).

Under a light microscope, these gaps **cannot be resolved**.

Separate neurons therefore **appear to touch or fuse together**.



The decisive evidence came later

The debate lasted decades because no available technology could directly show synapses.

The issue was finally resolved with:

Electron microscopy (1950s)

This revealed:

- **a synaptic cleft between neurons**
- **vesicles releasing neurotransmitters**
- **membranes remaining separate**



Tissues

Cells work together in functionally related groups called tissues

Types of tissues:

1. Epithelial – lining and covering or secrete
2. Connective – support
3. Muscle – movement
4. Nervous – control



Tissues

Tissues are made by two elements:

Cells

Extracellular matrix



Extracellular Matrix (ECM)'s actions

- Modify the morphology and functions of cells
- Modulate survival of cells
- Regulate the migration of cells
- Direct mitotic activity
- Form junctional associations with cells

The ECM of connective tissue proper is composed of: gel-like *ground substance* with several fibers embedded

Cells

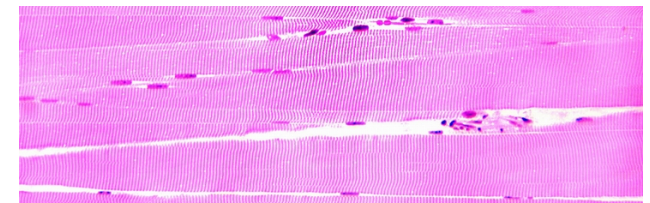
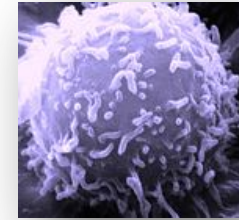


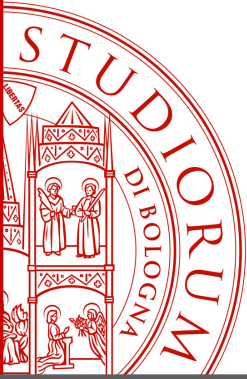
- Size
- Shape
- Function
- Chemical products



Classification by size

- Lymphocytes about 5-6 μm
- Oocyte 150 μm
- Neurons about mm
- Muscle fiber-syncytium few cm

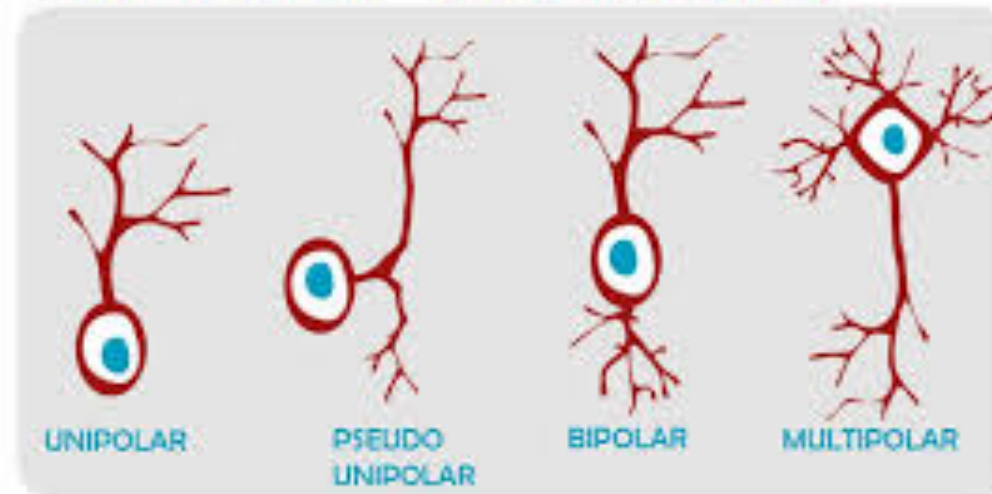




Classification by shape

- Shape and function are correlated

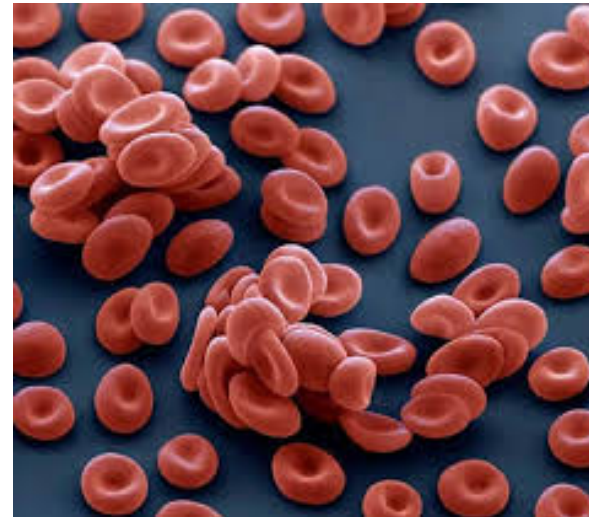
TYPES OF NEURONS





Classification by type of secretion

- Growth factors
- Gas or CO₂

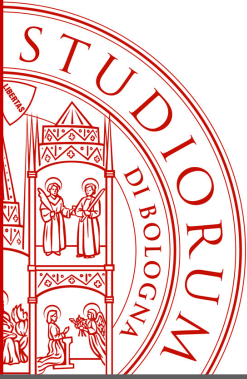




Differentiation

The process by which unspecialized cells (stem cells) become specialized to carry out distinct functions.

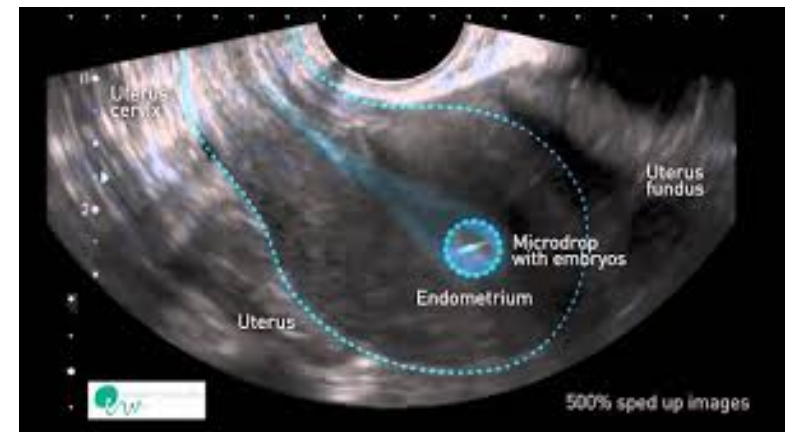
Stem cells can divide without limits as needed and, under specific conditions, can differentiate into specialized cells



Differentiation

The first embryonic cells that arise from the division of the zygote are the ultimate **stem cells**; these stem cells are described as **totipotent** because they have the potential to differentiate into any of the cells needed to enable an organism to grow and develop.

Blastocyst stage embryo transfer (BET) leads to pregnancy when transferred in a stimulated endometrium.





Differentiation

The embryonic cells that develop from totipotent stem cells and are precursors to the **fundamental tissue layers** of the embryo are classified as pluripotent.

A **pluripotent** stem cell has the potential to differentiate into any type of human tissue but cannot support the full development of an organism.

These cells become slightly more specialized, and are referred to as **multipotent cells**.

A **multipotent** stem cell has the potential to differentiate into different types of cells within a given cell lineage or small number of lineages, such as a red blood cell or white blood cell.



Totipotent

differentiate to enable an organism to grow

Pluripotent

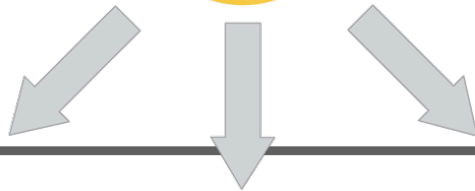
differentiate into any type of human tissue

Multipotent

differentiate into different types of cells within a given cell lineage



Totipotent embryonic stem cell



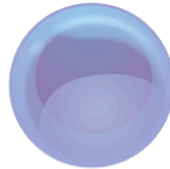
Pluripotent embryonic stem cells

Human embryonic stem cell
Induced pluripotent stem cells

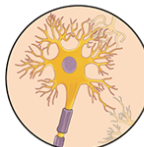
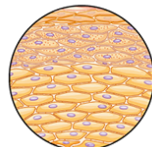
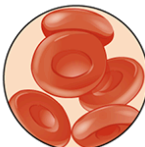
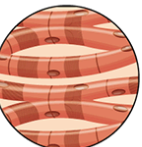
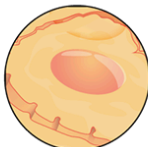
Endoderm line

Mesoderm line

Ectoderm line



Multipotent stem cells



Lung

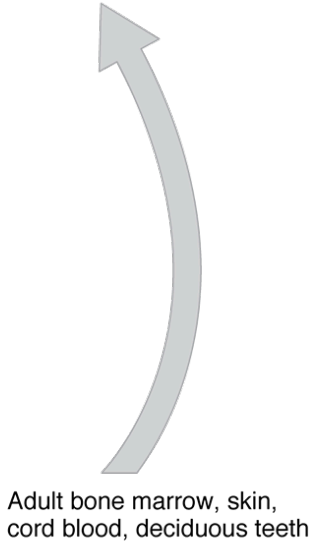
Pancreas

Heart muscle

Red blood cell

Skin

Neuron



Adult bone marrow, skin,
cord blood, deciduous teeth



Embryonic Origin of Tissues

After fertilization the zygote gives rise to rapid mitotic cycles, generating many cells to form the embryo.

The first embryonic cells generated have the ability to differentiate into any type of cell in the body and, as such, are called **totipotent**, meaning each has the capacity to divide, differentiate, and develop into a new organism.



Embryonic Origin of Tissues

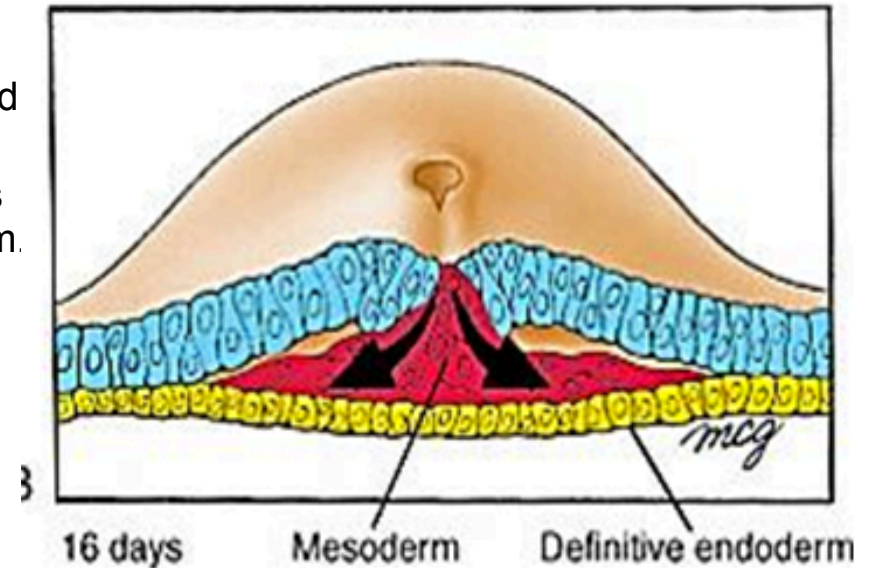
The zygote, or fertilized egg, is a single cell formed by the fusion of an egg and sperm.

As cell proliferation progresses, three major cell lineages are established within the embryo.

Each of these lineages of embryonic cells forms the distinct germ layers from which all the tissues and organs of the human body eventually form.

Each germ layer is identified by its relative position: **ectoderm** (ecto- = “outer”),

Mesoderm (meso- = “middle”), and **endoderm** (endo- = “inner”).





Differentiation MODEL

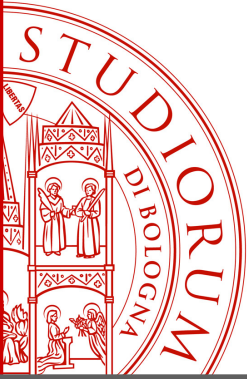
Because all cells in the body, beginning with the fertilized egg, contain the same DNA, how do the different cell types come to be so different?

All cells contain the same full complement of DNA, but each type of cell only “reads” the portions of DNA that are relevant to its own function. In biology, this is referred to as the **unique genetic expression**.

In order for a cell to differentiate into its specialized form and function, it manipulates those genes (and thus those proteins) that will be expressed, and not those that will remain silent.

The primary mechanism by which genes are turned “on” or “off” is through transcription factors and methylation.

A **transcription factor** is one of a class of proteins that bind to specific genes on the DNA molecule and either promote or inhibit their transcription



THE RIGHT COMBINATION OF TRANSCRIPTION FACTORS MAY DRIVE STEM CELL REPROGRAMMING.

Cell

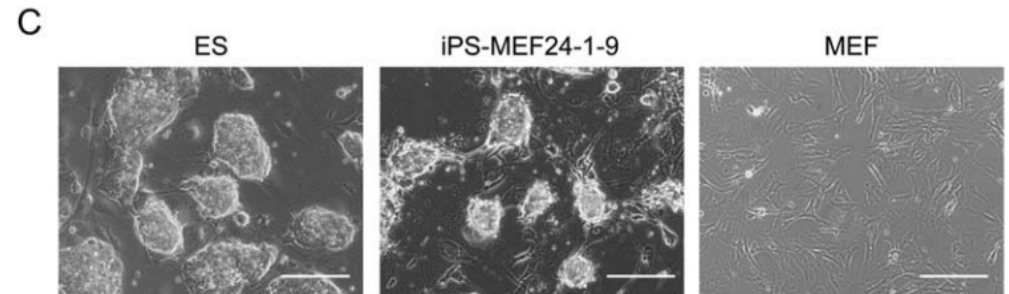
Volume 131, Issue 5, 30 November 2007, Pages 861-872



Article

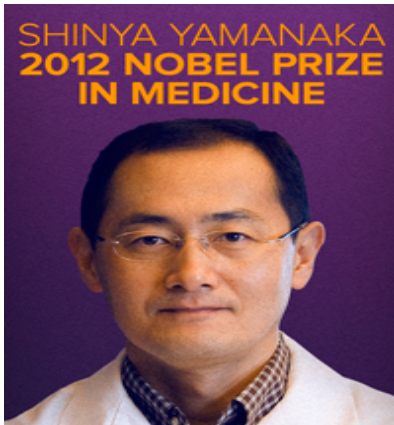
Induction of Pluripotent Stem Cells from Adult Human Fibroblasts by Defined Factors

Kazutoshi Takahashi¹, Koji Tanabe¹, Mari Ohnuki¹, Megumi Narita^{1,2}, Tomoko Ichisaka^{1,2}, Kiichiro Tomoda³, Shinya Yamanaka^{1,2,3,4}  

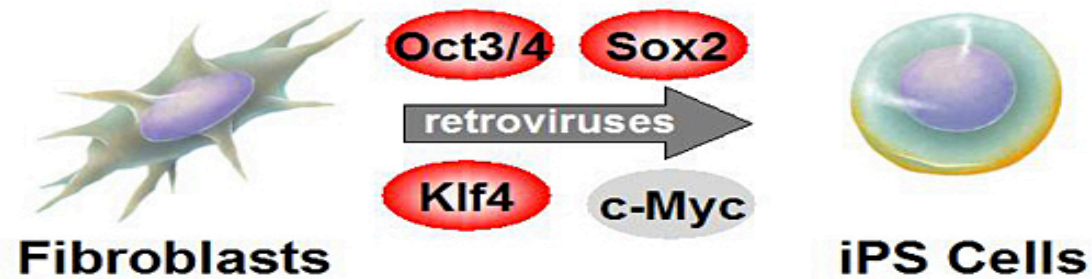




IPS- Induced Pluripotent Stem Cells



Induced Pluripotent Stem (iPS) Cells



Totipotent

Pluripotent

Multipotent

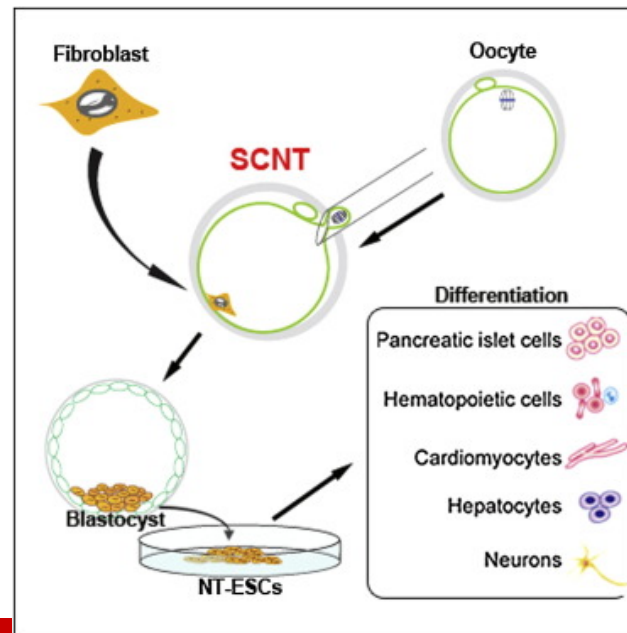
Mouse iPS cells reported in 2006
Human iPS cells reported in 2007



How Yamanaka did it?

Differentiated cells can be reprogrammed to an embryonic-like state by transfer of nuclear contents into oocytes or by fusion with embryonic stem (ES) cells.

This means that unfertilized eggs and ES cells contain factors that can confer pluripotency to somatic cells





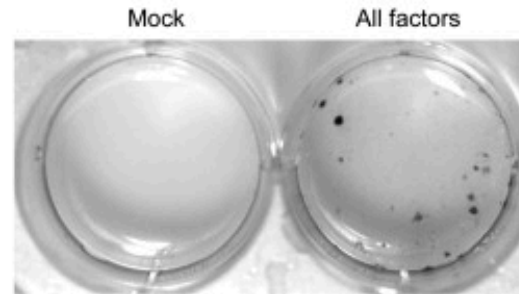
How Yamanaka did it?

Pluripotent stem cells can be directly generated from mouse embryonic fibroblasts (MEF) cultures by the addition of **only a few defined factors**. Which factors?

Transcription Factors

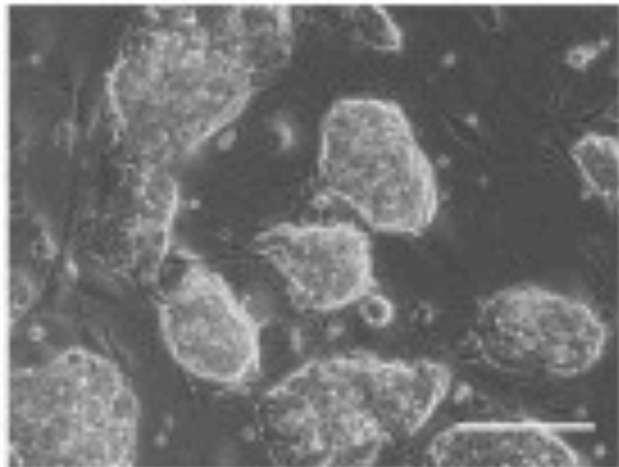


- He started with 24 TF (Transcription Factors)
- Adding single TF ----> no iPS
- All together -----> yes iPS

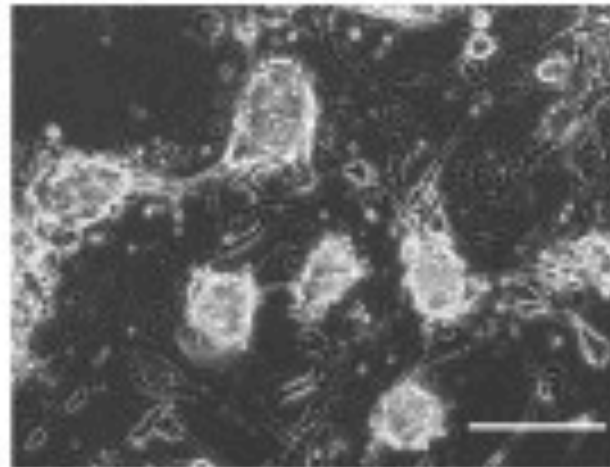


mouse embryonic fibroblasts

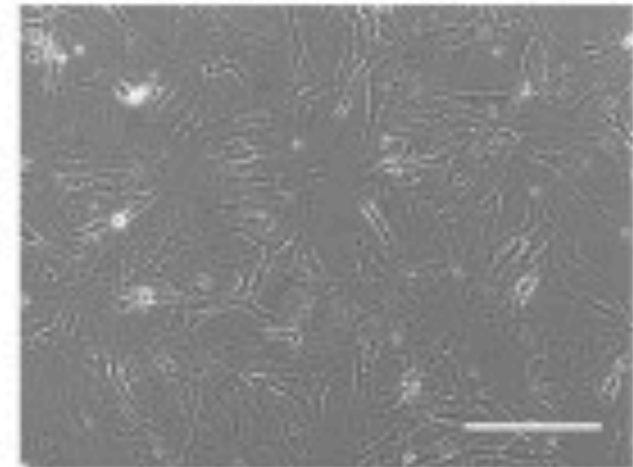
ES



iPS-MEF24-1-9

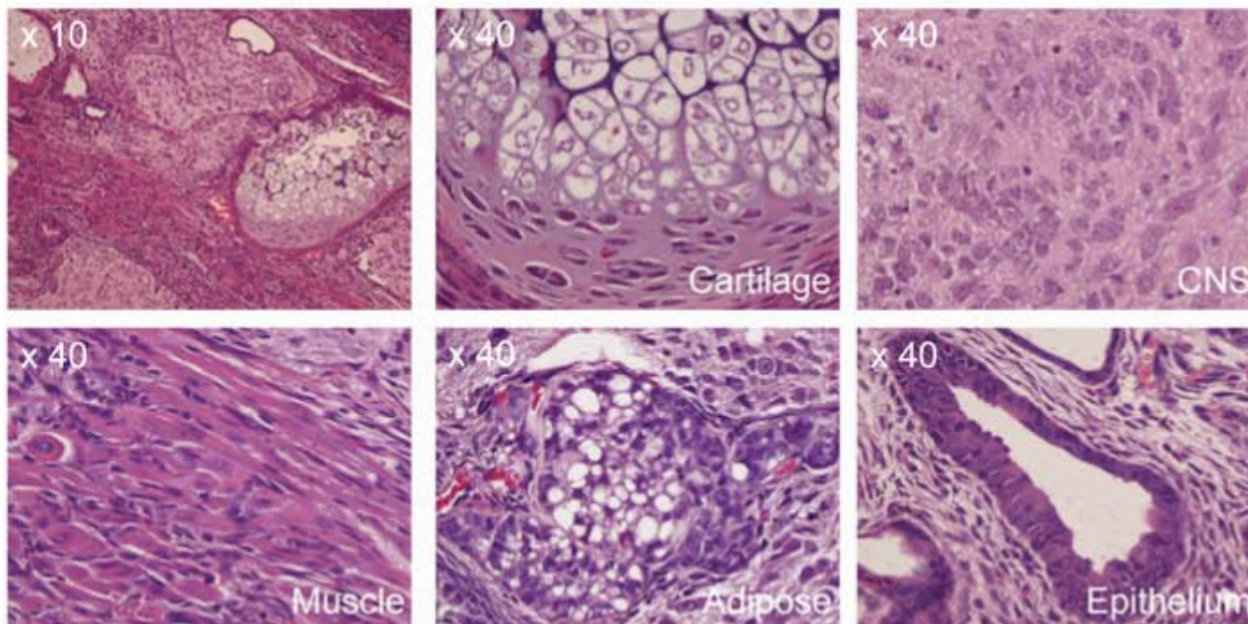


MEF



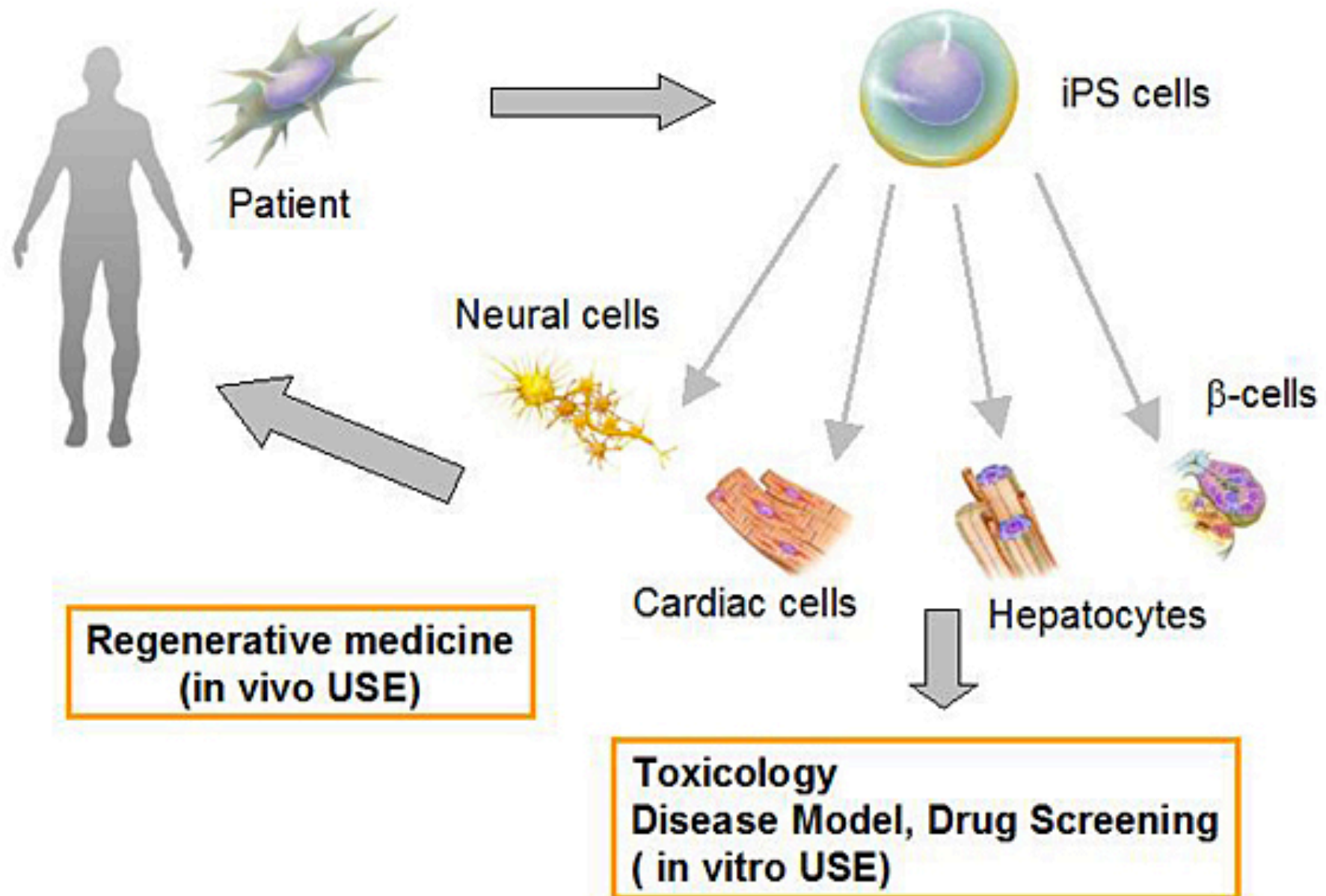
Yamanaka's Experiment

Next, to determine which of the 24 candidates were critical, he examined the effect of withdrawal of individual factors from the pool of 24 candidate genes.



Various tissues present in teratomas derived from iPS-MEF4-7 cells.

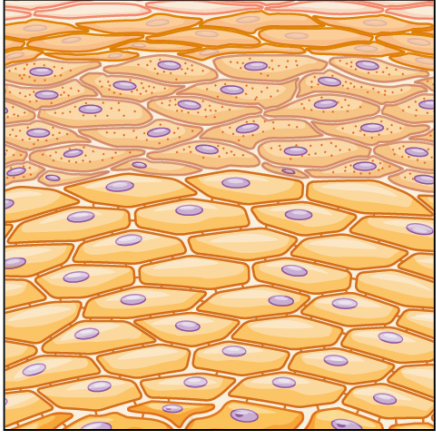
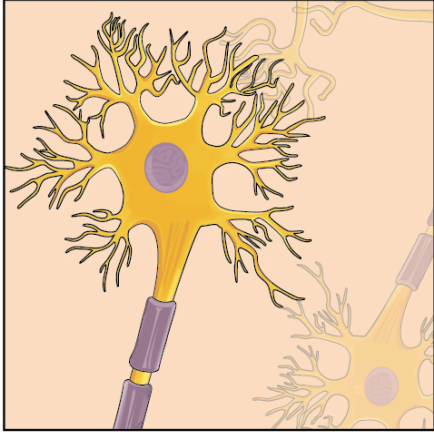

Applications of iPS Cells





Ectoderm derivation

Each of these lineages of embryonic cells forms a distinct germ layers from which all the tissues and organs of the human body eventually form. Each germ layer is identified by its relative position: **ectoderm** (ecto- = “outer”),

Germ Layer	Gives rise to:
Ectoderm	<p data-bbox="504 810 1861 890">Epidermis, glands on skin, some cranial bones, pituitary and adrenal medulla, the nervous system, the mouth between cheek and gums, the anus</p> <div data-bbox="504 948 938 1382"></div> <p data-bbox="651 1410 792 1442">Skin cells</p> <div data-bbox="965 948 1397 1382"></div> <p data-bbox="1115 1410 1249 1442">Neurons</p> <div data-bbox="1424 948 1859 1382"></div> <p data-bbox="1547 1410 1738 1442">Pigment cell</p>

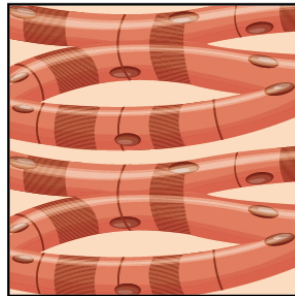


Mesoderm derivation

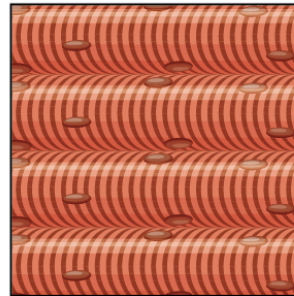
Mesoderm (meso = “middle”).

Mesoderm

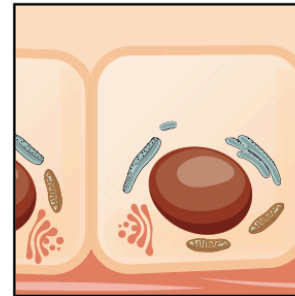
Connective tissues proper, bone, cartilage, blood, endothelium of blood vessels, muscle, synovial membranes, serous membranes lining body cavities, kidneys, lining of gonads



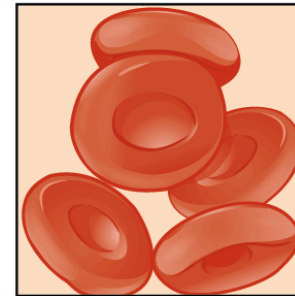
Cardiac muscle



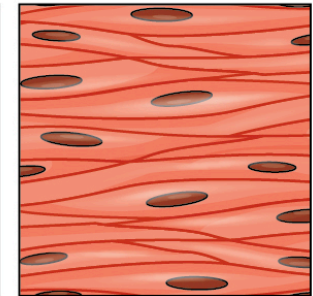
Skeletal muscle



Tubule cell of kidney



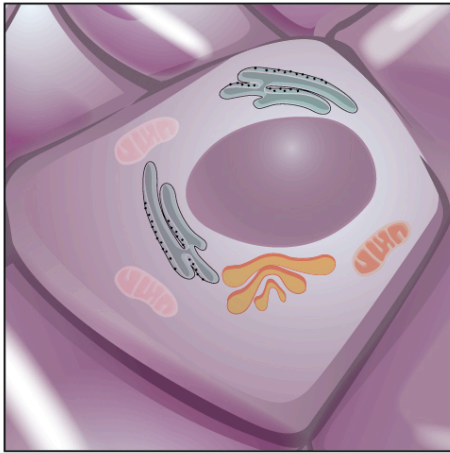
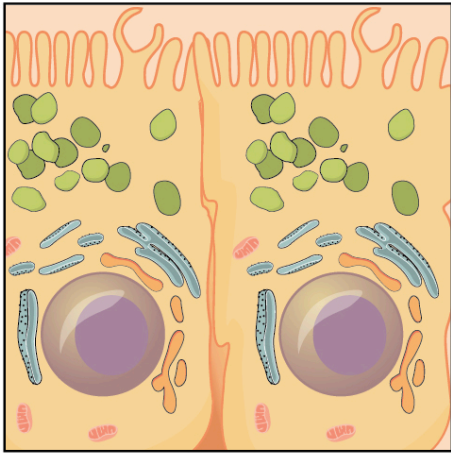
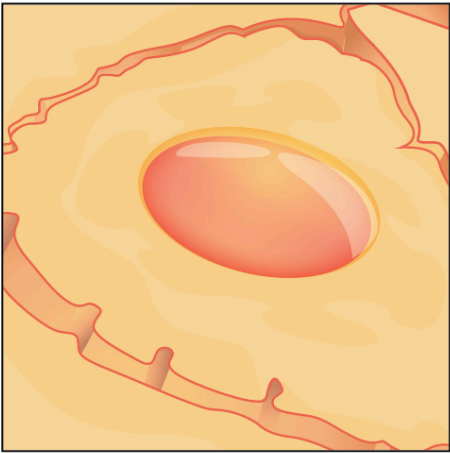
Red blood cells



Smooth muscle

Endoderm derivation

endoderm (endo- = “inner”).

Endoderm	<p>Lining of airways and digestive system except the mouth and distal part of digestive system (rectum and anal canal); glands (digestive glands, endocrine glands, adrenal cortex)</p> <div data-bbox="564 778 1012 1232"></div> <p data-bbox="719 1257 864 1294">Lung cell</p> <div data-bbox="1043 778 1491 1232"></div> <p data-bbox="1178 1257 1361 1294">Thyroid cell</p> <div data-bbox="1523 778 1971 1232"></div> <p data-bbox="1637 1257 1861 1294">Pancreatic cell</p>
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Take home message

- Methods of Microscopy
- Tissue Classification
- Stem Cell/Differentiation
- Embryonic Origin of Tissues